



KONITSA SUMMER FENCING CAMP Moves to FLORINA SUMMER FENCING CAMP2025 GREECE

INVITATION

Dear Fencing Friends,

After 3 unforgettable years (2022-2023-2024) and remarkable deployment of Summer Fencing Activities in Konitsa, the Organizing Committee decided to move it to the Greek Mother Land of Fencing, FLORINA! **PLACE:**

Florina (<u>Greek</u>: Φλώρινα, *Flórina*) is a town and <u>municipality</u> in the mountainous northwestern <u>Macedonia</u>, <u>Greece</u>. Its motto is, 'Where Greece begins'.^[3]The town of Florina is the capital of the <u>Florina regional unit</u> and also the seat of the eponymous municipality. It belongs to the <u>administrative</u> region of <u>Western Macedonia</u>. The town's population is 17,188 people (2021 census). It is in a wooded valley about 13 km (8 mi) south of the international border of Greece with North Macedonia.

Trip to Florina by Car following EGNATIA Highway, by Airplane through Thessaloniki Airport or Skopje Airport (N. Macedonia).

Special transportation demands from Thessaloniki and Athens can be served with extra cost.

The altitude of Florina is 687m. All fencing training activities will be hosted in Florina Fencing Club Sports Arena (<u>www.oxif.gr</u>) includes 2 Indoor Sports Halls with 28 fencing pistes, Gym etc.

All participants will stay (accommodation + food) in Hotels within 10-15 min walking distance from Fencing Arena.

Special Nutrition Program will be based on famous local food products (meat, chicken, salads, milk, eggs etc)

PERIODS:

- 31 July 08 August *Foil Sabre*
- 4- 12 August Sabre
- 16 24 August *Epee 2012-2016*
- 24 August 01 September *Epee 2006-2011*

NO AGE LIMITS FOR ALL PERIODS

Daily Program

2 fencing trainings (morning – afternoon) Individual lessons Special Improvement Program of Physical Condition Other activities Swimming Pool, Trekking etc Last Day of Camp is Competition Day

INCLUDE

Includes Accommodation – Breakfast – 2 Meals – Group Fencing Training Activities. Transfers to camp area from istanbul Individual lessons and/or other activities with extra cost. *ATTENTION: 100%* deposit by the End of March 2025 is obligatory! *General Manager: Mr Petros TSOKAS Organizer for Turkey: Coach Murat NARIN*

All late info available on FACEBOOK – KONITSA SUMMER FENCING CAMP