

## **REGISTRATION**

Registration should be done via email, at mladostfencing@gmail.com Please fill in the registration form, we will send it to you by email. \*Take note that the deadline for confirming participation is: 01 June 2025

> REGISTRATION FEE Registration fee includes : Accommodation 3 meals per day Complete training program Animation activities Camp T-shirt Diploma







FOR MORE INFORMATION Email: mladostfencing@gmail.com

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# SPORT CAMP FSC "MLADOST" Fencing – sabre

## LOCATION

Summer sports camp of Mladost Fencing Club will be held in excellent conditions in AquaLife Sport complex. The sports and hotel complex AquaLife is a place where athletes are provided with optimal conditions of accommodation, rest and trainings. Infrastructure of the complex, climate, sea air and sun - all this helps improve the results, prepare to the new season and rest in the same place. AquaLife complex is located in the resort village of Kranevo, 24 km from Varna on the Black Sea coast. Beside the training athletes can enjoy a well-deserved vacation on one of the most beautiful beaches in Bulgaria.

## INTENSIVE TRAINING CAMP

The summer camp is suitable for all ages (above 8 y.o.) and training levels. Our highly qualified coach team will create the best conditions for enhancing the physical, technical and tactical training of all fencers for the upcoming 2025/2026 sports season. The fencers will be divided into groups according to their level and age. The program includes 2 or 3 trainings per day. The great atmosphere will be completed by swimming, volleyball, beach football.





### ACCOMMODATION AND FOOD The fencers will be accommodated in double

or triple rooms in the Aqua Life Sport Hotel and the Aqua Life Active Hotel and will eat in their restaurants. All restaurants offer a well-balanced full-board meal program (3 meals per day), based on organic products and recommendations of sports nutritionists. You can choose from several kinds of salads, several types of hot dishes with a choice of meats or fish, several kinds of toppings, fruit juice, fruits, vegetables and desserts. The offered meal satisfies the tastes of athletes and at the same time meets the requirements of sports nutritionists and coaches.



## **SPORT FACILITIES AND VENUES**

The following sport facilities will be available for all athletes for training: Main Fencing Hall 27 x 17 x 7 m Additional Fencing Hall 28 x 8 x 5m Artificial turf ground grand 20 x 40m Olympic size swimming pool 50 x 20 m Gym 140 m2



## BEACH AND SWIMMING POOLS

AquaLife private beach is situated in 50 meters from the complex. It has unique climate, gently sloping seabed without dangerous currents and abrupt depressions. The beach strip is about 6 km with a width of up to 100 meters and with soft fine sand. There are two grounds for beach sports (volleyball, football); equipped recreational beach area; beachside bar. The Beach Bar AquaLife is located nearby.

There are 5 swimming pools for leisure in the territory of Aqualife complex. Each swimming pool has chaise-longues, umbrellas and showers.

#### ADDITIONAL ACTIVITIES

During the fencing camp it will be organized additional half-day activities for the athletes, such as excursions in the area and Aquapark visit.

## COMPETITION

During the sports camp there will be a summer edition of the Mladost Cup tournament. All participants will receive a certificate, and the finalists of the competition will receive medals.

### **TRANSPORTATION**

The nearest airport to the camp base is in Varna. We can provide transfer from and to all of the airports including: Sofia, Varna, Burgas and Plovdiv. Another convenient option to reach the camp is via organized buses from Sofia. We will personally manage it and the whole group from our club will also be travelling with it. Do not hesitate to contact us directly for more information. Please send a request to mladostfencing@gmail.com

## SPORT COMPLEX "AQUALIFE", KRANEVO, 18.08 – 27.08.2025

